



**"CHOOSE
YOUR
LIFE'S MATE
CAREFULLY.
FROM THIS 1 DECISION
WILL COME 90% OF ALL
YOUR HAPPINESS OR
MISERY."** ~
**H. JACKSON BROWN FROM
"LIFE'S LITTLE INSTRUCTION
BOOK"**

CONSCIOUS DATING PROGRAM

CONSCIOUS DATING PROGRAM

YASMIN ABOUELHASSAN
LIFE & RELATIONSHIP COACH

1-READINESS

WORKSHOP

YASMIN ABOUELHASSAN
LIFE & RELATIONSHIP COACH



CONSCIOUS DATING: **1-SELF-DISCOVERY & READINESS** **Practical Interactive Workshop**

Self-Discovery and Readiness Workshop

*Self-Discovery and Readiness workshop is based on the program of **Conscious Dating** where **Self-Discovery and Readiness** is the foundation.*

Self-Discovery and Readiness workshop is the crucial yet novel workshop that allows Singles to deeply and profoundly understand themselves and their Life vision, what they want in a relationship and in a partner and develop an action plan for it in an interactive lively style away from the traditional theoretical teaching modes.

Each session is full of exercises, activities and interaction that allow for more discovery, learning and fun atmosphere that build good relationships and better understanding about self and other amazing unique people who share with you having the same goal.

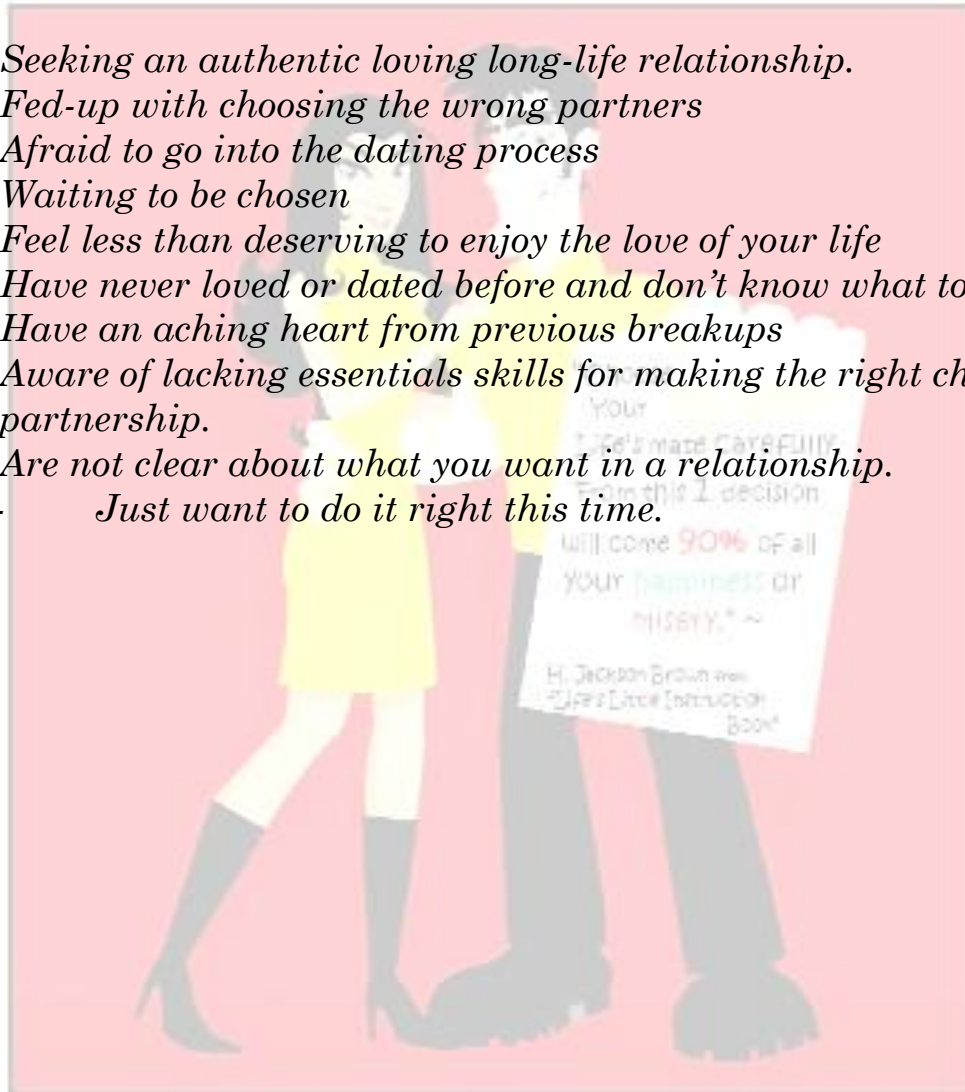
*Self-Discovery and Readiness Workshop is the start point in your journey to **love yourself as a Single** and be **ready** to find the **love life you deserve and crave**. In addition this workshop allows you to be **“The Chooser”** in your distinct journey towards happiness and fulfillment.*

This process is fortified in an interactive lively style away from the traditional theoretical teaching modes.

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LIFE & RELATIONSHIP COACH

Self-Discovery and Readiness workshop is for you if you are Single, divorced, or widowed and:

- 1- *Seeking an authentic loving long-life relationship.*
- 2- *Fed-up with choosing the wrong partners*
- 3- *Afraid to go into the dating process*
- 4- *Waiting to be chosen*
- 5- *Feel less than deserving to enjoy the love of your life*
- 6- *Have never loved or dated before and don't know what to do*
- 7- *Have an aching heart from previous breakups*
- 8- *Aware of lacking essentials skills for making the right choice of partnership.*
- 9- *Are not clear about what you want in a relationship.*
- 10- *Just want to do it right this time.*



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In this Workshop YOU will:

- 1. Determine:**
- *Who you are*
 - *What you want*
 - *How to get what you want in your life and your partnership*

2. Discover:

- *Your Life Purpose*
- *Your Requirements, Needs & Wants*
- *Your Relationship History & patterns*



- 3. Develop:**
- *Strategies to live a life of joy, peace, love & freedom*
 - *Your Vision Statement*
 - *Your Relationship Plan*

Post Workshop Gift:

*As a compliment and a thank you gift, you are invited for a bonus follow-up “**Phone Coaching**” session with Life and Relationship Coach Yasmin Abouelhassan. This gift is valid within 6 months from end date of the workshop.*

Conducted by:

Self-Discovery and Readiness workshop is delivered by Life and Relationship Coach Yasmin Abouelhassan; founder and president of Happy Family Institute (www.happyfamilyinstitute.org) well-known for her simple and friendly approach in bringing up personal awareness to youth and adults.

Workshop Topic:*Conscious Dating Program:**1-Self- Discovery & Readiness**(A Practical Interactive Workshop)***Workshop Overview:***This workshop is based on the Conscious Dating program where Self-Discovery and Readiness is the foundation.**Self-Discovery and Readiness Workshop is the crucial yet novel workshop that allows Singles to deeply and profoundly understand themselves and their life vision, what they want in a relationship and in a partner and develop an action plan for it in an interactive lively style away from the traditional theoretical teaching modes.*

❦❦❦
 One secret of success in life is for a man to be ready for his opportunity when it comes.
 - Benjamin Disraeli

❦❦❦**Your Investment:**• **Time:***32 hours in the workshop**2 hrs/week (for doing your homework)*• **Money:***3500 EGP (Three Thousand and five hundred Egyptian Pounds)***Workshop Sessions:***8 Successive Saturdays from 5pm-9pm (Exact dates will be announced)***Workshop Site:****SOLAY***43 Nerco Buildngs, El Shatr El Khames, Ground Floor, Maadi.**Tel:+2-0100 3347363***Number of participants:***5(min) -15 (max)*

Terms of Payment:

Registration Fees: 1050 EGP

Total Workshop Value is to be settled **2 weeks prior** to workshop start date.

Payment Method:

Cash at SOLAY

Bank Deposit.

Refund Policy:

- A total refund of your investment is allowed if you cancel your registration **10 days before** workshop start date.
- A total refund of your investment **less 25%** administration fees is allowed if you cancel your registration **1 week before** workshop start date,
- No refunds are allowed if cancellation or no-show occurs on workshop start date.

What others said about this workshop?

What is your "Aha" about this workshop?

"I have the right to live my life as I want"

What do you tell your friend to invite them to attend a similar workshop?

"You'll know a lot of new things that will affect so much your choice for your Perfect match?"

Dalia ElA.

Business Owner; Pharmaceutical Supplies

What is your "Aha" about this workshop?

"Examples are realistic", "Presentation is simple, presenter is spontaneous and natural"

What do you tell your friend to invite them to attend a similar workshop?

"This is really of benefit; you can live a better life."

Asmaa H.

What is your "Aha" about this workshop?

"Yasmin"

What do you tell your friend to invite them to attend a similar workshop?

"Important, so crucial for successful choice of Life Partner"

May T.M.

What is your “Aha” about this workshop?

“Exercises, interaction and practice”

What do you tell your friend to invite them to attend a similar workshop?

“Your Partner is there, just search rightly”

Merehan A.

Journalist

What is your “Aha” about this workshop?

“I started to re-evaluate my priorities in my Life Partner”

What do you tell your friend to invite them to attend a similar workshop?

“If you want to focus more to know yourself and know exactly and discover what you want in your partner, attend with Yasmin.”

Amany A.M.

What is your “Aha” about this workshop?

“The difference between Requirements, needs and wants”

Rania M.

Pharmacist

What is your “Aha” about this workshop?

“Core Competencies, Setting Requirements and Values”

What do you tell your friend to invite them to attend a similar workshop?

“Will help you set your future life”

Ehab K.

HR Manager

What is your “Aha” about this workshop?

“Evaluation, Self-awareness, Requirements”

Ahmed A.

Engineer

What is your “Aha” about this workshop?

“Interaction between people”

What do you tell your friend to invite them to attend a similar workshop?

“You will really like it. May be it will change your life”

Nashwa M.

Business Owner

Architecture and Interior Design

What is your "Aha" about this workshop?

"The topic and exercises as well as the interaction with others"

What do you tell your friend to invite them to attend a similar workshop?

"Essential for all Singles. Essential for all life suffering"

Salma I.

What is your "Aha" about this workshop?

"Everything specially visioning exercise"

Sherief S.

Engineer & Life Coach



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About Life & Relationship Coach

Yasmin Abouelhassan

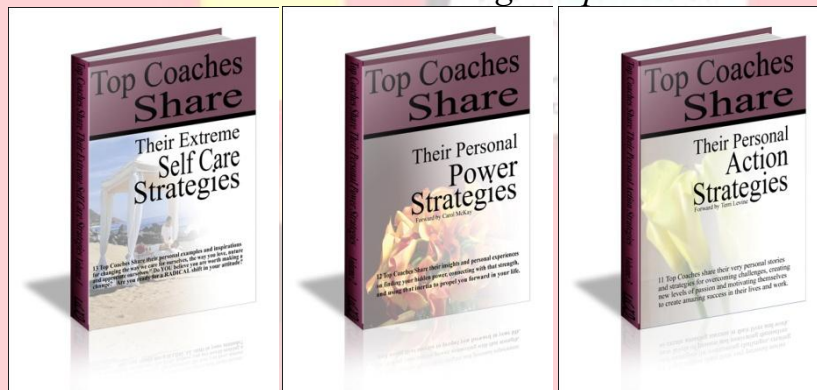
Founder & President

Happy Family Institute

Yasmin is a professional life and relationship Coach, awareness speaker and an author. Yasmin devoted her all her time and effort to break the vicious circle of failed relationships in our society through coaching programs, courses, events and workshops.

*To Know more about Yasmin Abouelhassan Check her website
www.happyfamilyinstitute.org*

Yasmin is an author who shared in writing “Top Coaches Share” series




Volume1,

Volume2,

Volume3

*Also Yasmin wrote some books and manuals in Arabic and English,
Check them [here](#)*

*You can also join Yasmin Abouelhassan groups on  Facebook;
Life Coaching in Egypt & Relationship Coaching In Egypt &
Happy Family Institute*

*Or Watch her episodes on her  on by searching her name in Arabic or watch all
website www.happyfamilyinstitute.org*